“OBSERVANCE OF WORLD-NO-TOBACCO DAY”

World No Tobacco Day is an annual campaign of World Health Organisation celebrated on 31st May every year to raise awareness on the harmful and deadly effects of tobacco use and second hand smoke exposure, and to discourage tobacco use in any form. The Community Medicine department of GMERS Medical college and hospital, Sola observed World No Tobacco day by conducting community awareness sessions for children and adolescents with the 2019 theme being “Tobacco and Lung health”. The group sessions were organized on 28th May at an urban slum Vasantnagar of Oganaj and were taken by Dr. Azbah Pirzada(LMO) and students of 3rd year MBBS. The harmful effects of tobacco as well as passive exposure was emphasized through interactive sessions using banners and posters. At the end of the session questionnaire was organised and chikkis were distributed. On 31st May, the faculties, paramedical staff, health workers and students also undertook an oath on quitting tobacco and pledging to encourage others to do so. Following are some glimpses of the events.