

GMERS MEDICAL COLLEGE, SOLA, AHMEDABAD
FOUNDATION COURSE
BATCH 2019-2020

DATE	9-10		10-11	11-12	12-1	RECESS	2-3	3-4	4-5
1 st Aug/ Thu	Registration		Welcome & lamp lighting Ceremony				Self introduction of students and meeting with parents		
2 nd Aug/ Fri	Orientation of students with Department of Physiology			Mentorship program			Orientation of students with "The chemical basis of life" Department of Biochemistry		
3 rd Aug/ Sat	Orientation of students with the "Cadaver-your first teacher in medical field" Department Of Anatomy			Mentorship program			-----		
4 th Aug/ Sun	Holiday								
5 th Aug/ Mon	A brief overview of what is Hospital followed by visit to the Hospital						Language Skill		
	9-9.15	9.15-10	10-11	11-12	12-1	RECESS	2-3	3-4	4-5
6 th Aug/ Tue	Welcome by students & Experience of senior students of 1 st & 2 nd year		Introduction to MBBS Curriculum	Why I want to become a doctor "Dil ki baat"	University Rules & college Rules		Computer Skill		
7 th Aug/ Wed	by First MBBS Students	Doctors role & responsibility to society & community	Communication skills in medical field	Role play by students			Language Skill	Sports	
8 th Aug/ Thur		Anti-ragging guidelines	Concept of professionalism	Mentorship program			Computer Skill		
9 th Aug/ Fri		National Health Program	Health care delivery system	Group dynamics and activity related to Group Dynamics			Computer Skill	sport	
10 th Aug/ Sat		Field visit by Community Medicine Department						-----	
11 th Aug/ Sun	Holiday								

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12 th Aug/ Mon	Bakri Id								
13 th Aug/ Tue	Reflection by	Realities of medical practice	Violence against doctors	Lab Safety & Hand wash techniques	Immunizatio n of Healthcare professionals		Cadaveric Ceremony		
14 th Aug/ Wed	First MBBS Students	Time & stress managemen t	Introduction to Principle & History of Medical Ethics	Role play related to Ethics	What is Research & Students involvement in Research – ICMR/STS		Computer Skill	Independence day celebration/acting/dance /instrument playing	
15 th Aug/ Thur	INDEPENDENCE DAY								
16 th Aug/ Fri	Reflection by First MBBS Students	Biomedical Waste & Biomedical hazards Management	Physiology of Yoga	Yoga & Meditation			Language Skill	Sport	
17 th Aug/ Sat	PATETI								
18 th Aug/ Sun	Holiday								
19 th Aug/ Mon	Field Visit by Community Medicine Department						Computer Skill		
20 th Aug/ Tue	Reflection By First MBBS Students	Experience as a doctor : Panel Discussion	Career pathways during and after MBBS	Challenges in running a public hospital			Computer Skill		
21 st Aug/ Wed		Organ Donation	E-learning	Aerobics			Computer Skill	Sport	

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22 nd Aug/ Thur	Reflection by First MBBS Students	Gender harassment & sensitization	Tips for better Learning	Value of Interaction & Honesty with Peers, Seniors & Faculties			Language Skill/ Computer Skill		
23 rd Aug/ Fri		Role of Nutrition	Basic Life Support (skill)	First aid (skill)	Pranayama		Language Skill	Extracurricular Activity	
24 th Aug/ Sat	JANMASTHMI								
25 th Aug/ Sun	Holiday								
26 th Aug/ Mon	Reflection by	Medical etiquettes	Doctor and patient relationship shown through a role play	Games & Activities			Computer Skill		
27 th Aug/ Tue	First MBBS	Mentorship Program		Games and activities			Language Skill/ Computer Skill		
28 th Aug/ Wed		How to perform better in Exam	Maintaining portfolio	Mentorship Program			Language Skill	sport	
29 th Aug/ Thur	Students	Role play by student of MSI on various topics					Computer Skill		
30 th Aug/ Fri		Role play by student OF MSAI on various topics					sport		
31 st Aug/ Sat		POST FOUNDATION COURSE ASSESSMENT AND REVIEW					-----		

* This time table is tentative. Days & date may vary as per admission process.